

## Internet Safety Plan – Blueprint

Online resources and ideas to jump start your planning!

Topic	Grades K-2	Grades 3-5	Grades 6-8	Grades 9-12
<p><b>1.</b> Safe and responsible use of social networking, websites, chat rooms, electronic mail, bulletin boards, instant messaging, etc.</p>	<p>Remind students that they should be with a parent or a trusted adult when using the Internet.</p> <p>Watch NetSmartz <b>UYN</b> video: <a href="http://www.netsmartzkids.org/uyn/uyn.htm">http://www.netsmartzkids.org/uyn/uyn.htm</a> to introduce the NetSmartz characters to students</p> <p>Watch <b>NetSmartz Know the Rules</b> <a href="http://www.netsmartzkids.org/uyn/knowtherules.htm">http://www.netsmartzkids.org/uyn/knowtherules.htm</a>; download the lesson plan for this video: <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/k2checkfirst.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/k2checkfirst.pdf</a></p> <p>Watch <b>NetSmartz Know the Rules</b> <a href="http://www.netsmartzkids.org/uyn/knowtherules.htm">http://www.netsmartzkids.org/uyn/knowtherules.htm</a>; download the lesson plan <b>Check First</b> with students: <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/k2checkfirst.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/k2checkfirst.pdf</a></p> <p>Download the <b>Go Places Safely</b> lesson plan <a href="http://www.cybersmartcurriculum.org/act_sheets/CY00_Tchr_GK1.pdf">http://www.cybersmartcurriculum.org/act_sheets/CY00_Tchr_GK1.pdf</a> and coloring page <a href="http://www.cybersmartcurriculum.org/act_sheets/CY00_Stdnt_GK1.pdf">http://www.cybersmartcurriculum.org/act_sheets/CY00_Stdnt_GK1.pdf</a></p>	<p>Have students play any of the great Internet Safety games from NetSmartz during a visit to the computer lab: <a href="http://www.netsmartzkids.org/games/index.htm">http://www.netsmartzkids.org/games/index.htm</a></p> <p>Download the <b>Safe Talking in CyberSpace</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/45_04.asp">http://www.cybersmartcurriculum.org/lesson_plans/45_04.asp</a></p> <p>Download the <b>Handling Email and IM Too</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/45_05.asp">http://www.cybersmartcurriculum.org/lesson_plans/45_05.asp</a></p> <p>Download the <b>Safety with CyberPals</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/45_02.asp">http://www.cybersmartcurriculum.org/lesson_plans/45_02.asp</a></p>	<p>Download the <b>Play it Safe with CyberPals</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_03.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_03.asp</a></p> <p>Download the <b>Smart Emailing and IM-ing Too</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_06.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_06.asp</a></p> <p>Watch the NetSmartz video: <b>Post to be Private:</b> <a href="http://www.nsteens.org/videos/social-networking/">http://www.nsteens.org/videos/social-networking/</a>; Download the activity worksheet and scenarios: <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/mspostprivate1.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/mspostprivate1.pdf</a></p>	<p>Have students complete an Internet Safety survey to gauge their current beliefs and online habits. Examples:</p> <p>Example 1: <a href="http://www.zoomerang.com/survey.zgi?p=WEB227GZE4KMTZ">http://www.zoomerang.com/survey.zgi?p=WEB227GZE4KMTZ</a></p> <p>Example 2: <a href="http://www.zoomerang.com/recipient/survey-intro.zgi?p=WEB226B7Q2H2TF">http://www.zoomerang.com/recipient/survey-intro.zgi?p=WEB226B7Q2H2TF</a></p> <p>Use the i-Safe <b>Cyber Relationships</b> lesson plan and webcast (requires i-Safe certification and a school implementation plan): <a href="http://www.isafe.org">http://www.isafe.org</a></p> <p>Use the i-Safe <b>Cyber Citizenship</b> lesson plan and webcast (requires i-Safe certification and a school implementation plan): <a href="http://www.isafe.org">http://www.isafe.org</a></p> <p>Visit and discuss tips, timely articles and blogs about <b>online safety</b> at <a href="http://www.safeteens.com">http://www.safeteens.com</a></p> <p>Visit and discuss tips for <b>protecting online reputation</b> at <a href="http://www.staysafe.org/toolbox/take_action/protect_yourself/online_reputation.html">http://www.staysafe.org/toolbox/take_action/protect_yourself/online_reputation.html</a></p>

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<p><b>2.</b> Recognizing, avoiding and reporting online solicitations by sexual predators.</p>	<p>Watch NetSmartz <i><b>Be Safer Online:</b></i> <a href="http://www.netismartzkids.org/uyn/safeside.htm">http://www.netismartzkids.org/uyn/safeside.htm</a></p> <p>Download the companion lesson (<i><b>Tell People No</b></i>) plan for <i><b>Know the Rules</b></i> (listed in No. 1 above) video: <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/k2tellno.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/k2tellno.pdf</a></p>	<p>Download the <i><b>Be Comfortable</b></i> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/45_03.asp">http://www.cybersmartcurriculum.org/lesson_plans/45_03.asp</a></p>	<p>Download the <i><b>Savvy Talk</b></i> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_05.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_05.asp</a></p> <p>Watch the NetSmartz video: <i><b>Julie’s Journey:</b></i> <a href="http://www.netismartz.org/resources/reallife.htm#realcanttake">http://www.netismartz.org/resources/reallife.htm#realcanttake</a>; Download the activity plan for this video: <a href="http://www.netismartz.org/pdf/msjulie1.pdf">http://www.netismartz.org/pdf/msjulie1.pdf</a></p> <p>Watch the NetSmartz video: <i><b>Amy’s Choice:</b></i> <a href="http://www.netismartz.org/resources/reallife.htm#realcanttake">http://www.netismartz.org/resources/reallife.htm#realcanttake</a>; download the activity plan for this video: <a href="http://www.netismartz.org/pdf/msamy1.pdf">http://www.netismartz.org/pdf/msamy1.pdf</a></p>	<p>Use the -Safe <i><b>Social Issues</b></i> lesson plan and webcast (requires i-Safe certification and a school implementation plan): <a href="http://www.isafe.org">http://www.isafe.org</a></p> <p>Visit and discuss situations that should be reported (<i><b>Don’t Believe the Type</b></i>) at: <a href="http://tcs.cybertipline.com/knowth edangers8.htm">http://tcs.cybertipline.com/knowth edangers8.htm</a></p>

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<p><b>3.</b> Risks of transmitting personal information on the Internet.</p>	<p>Discuss what "personal information" is with children (name, age, address, etc.) and why it is important NOT to give personal information out to strangers.</p>	<p>Take the iSafe <b>Stay Safe on the Internet</b> quiz as a class and discuss: <a href="http://www.staysafe.org/parents/kids/activities/internet_safety_quiz.html">http://www.staysafe.org/parents/kids/activities/internet_safety_quiz.html</a></p> <p>Watch <b>Who's Afraid of Little Sweet Sheep</b> and discuss as a class: <a href="http://disney.go.com/webtoons/threepigs/">http://disney.go.com/webtoons/threepigs/</a></p> <p>Download the <b>Filling Out a Form—Ask First</b> lesson plan and activity sheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/23_05.asp">http://www.cybersmartcurriculum.org/lesson_plans/23_05.asp</a></p> <p>Download the <b>What's Private</b> lesson plan and activity sheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/23_01.asp">http://www.cybersmartcurriculum.org/lesson_plans/23_01.asp</a></p> <p>Download the <b>Private Information</b> lesson plan and activity sheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/45_01.asp">http://www.cybersmartcurriculum.org/lesson_plans/45_01.asp</a></p>	<p>Watch and discuss this award-winning, student created video called <b>Predator</b>. <a href="http://www.staysafe.org/teens/videos/predator.html">http://www.staysafe.org/teens/videos/predator.html</a></p> <p>Download the <b>Private and Personal Information</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_01.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_01.asp</a></p> <p>Download the <b>Protecting Private Identity Information</b> lesson plan and activity worksheet: <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_02.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_02.asp</a></p> <p>Watch the NetSmartz video: <b>Tracking Teresa</b>: <a href="http://www.netsmartz.org/resources/reallife.htm#realcanttake">http://www.netsmartz.org/resources/reallife.htm#realcanttake</a>; download the activity plan for this video: <a href="http://www.netsmartz.org/pdf/msteresa1.pdf">http://www.netsmartz.org/pdf/msteresa1.pdf</a></p>	<p>Use the i-Safe <b>Privacy and the Internet</b> lesson plan and webcast (requires i-Safe certification and a school implementation plan): <a href="http://www.isafe.org">http://www.isafe.org</a></p> <p>View and discuss <b>Protecting Your Personal Information</b>: <a href="http://www.staysafe.org/teens/protect_yourself/manage_your_personal_information/protect_personal_information.html">http://www.staysafe.org/teens/protect_yourself/manage_your_personal_information/protect_personal_information.html</a></p> <p>View and discuss <b>Blogging Safely</b>: <a href="http://www.staysafe.org/teens/protect_yourself/manage_your_personal_information/blogging.html">http://www.staysafe.org/teens/protect_yourself/manage_your_personal_information/blogging.html</a></p>

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<p><b>4.</b> Recognizing and avoiding unsolicited or deceptive online communication.</p>	<p>Watch and discuss the <b><i>Faux Paw</i></b> video  <a href="http://www.ikeepsafe.org/iksc_kids">http://www.ikeepsafe.org/iksc_kids</a></p> <p>or</p> <p>Listen to a larger version (“book”). This version allows you to discuss the information while you advance the book at your own pace:  <a href="http://www.ikeepsafe.org/assets/book/index_old.php">http://www.ikeepsafe.org/assets/book/index_old.php</a></p> <p>Print iKeepSafe coloring pages from  <a href="http://www.ikeepsafe.org/iksc_kids">http://www.ikeepsafe.org/iksc_kids</a></p>	<p>Watch and discuss <b><i>Meet the WizzyWigs</i></b>:  <a href="http://www.netsmartzkids.org/activities/nsrules/whichww.htm">http://www.netsmartzkids.org/activities/nsrules/whichww.htm</a></p> <p>Watch and play <b><i>WizzyWig Guessing Game No. 1</i></b> (same site)</p> <p>Watch and discuss <b><i>Who’s Your Friend on the Internet</i></b> (same site)</p> <p>Watch and play <b><i>WizzyWig Guessing Game No. 2</i></b> (same site)</p> <p><b><i>Play Which WizzyWig is Which?</i></b> (same site) game and discuss</p>	<p>View, play and discuss <b><i>ID the Creep</i></b> together as a class:  <a href="http://www.idthecreep.com/">http://www.idthecreep.com/</a></p>	<p>Have the class take the <b><i>SonicWall Phishing IQ test</i></b> online to see if they know how to tell real email messages from phishing messages:  <a href="http://www.sonicwall.com/phishing">http://www.sonicwall.com/phishing</a></p> <p>Show examples of <b>bogus websites</b> (scroll to the bottom of the site) to:  <a href="http://www.library.ucsb.edu/libinst/infolit/webevalexamples.html">http://www.library.ucsb.edu/libinst/infolit/webevalexamples.html</a></p> <p>Have students complete activities found on the <b><i>ICYouSee: T is for Thinking</i></b> website. This activity will help students think critically about websites:  <a href="http://www.ithaca.edu/library/training/think.html">http://www.ithaca.edu/library/training/think.html</a></p> <p>View, play and discuss these online quizzes as a class:  <b><i>The Case of the Cyber Criminal</i></b>  <b><i>ID Theft FaceOff!</i></b>  <b><i>Invasion of the Wireless Hackers!</i></b>  <b><i>Beware of Spyware</i></b>  <b><i>Phishing Scams</i></b>  <b><i>Spam Scam Slam</i></b>  <b><i>Online Lineup</i></b>  <b><i>P2P Threeplay!</i></b>  <a href="http://onguardonline.gov/quiz/index.html">http://onguardonline.gov/quiz/index.html</a></p>

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<p><b>5.</b> Recognizing and reporting online harassment and cyberbullying.</p>	<p>Order <i>Faux Paw meets the First Lady</i> book; download the lesson plan here:  <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/k2tellno.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/k2tellno.pdf</a></p>	<p>Review McGruff’s advice about Cyberbullying and play the “<i>Shrink the Cyberbully</i>” game as a class:  <a href="http://www.mcgruff.org/Advice/cyberbullies.php">http://www.mcgruff.org/Advice/cyberbullies.php</a></p> <p>Watch the 10-minute IS News video from Collinsville Unit 10 and discuss as a class:  <a href="http://www.kahoks.org/Kreitner/KreitnerInternetSafety.wmv">http://www.kahoks.org/Kreitner/KreitnerInternetSafety.wmv</a></p> <p>Download the <i>Do the Right Thing</i> lesson plan and activity worksheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/45_09.asp">http://www.cybersmartcurriculum.org/lesson_plans/45_09.asp</a></p>	<p>Watch and discuss <i>Delete Cyberbullying</i> from The National Crime Prevention Council:  <a href="http://www.ncpc.org/newsroom/current-campaigns/cyberbullying">http://www.ncpc.org/newsroom/current-campaigns/cyberbullying</a></p> <p>Download the <i>Dealing with Online Bullies</i> lesson plan and activity worksheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_04.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_04.asp</a></p> <p>Watch the NetSmartz video: <i>Terrible tEXt</i>:  <a href="http://www.nsteens.org/videos/cyberbullying/">http://www.nsteens.org/videos/cyberbullying/</a>; download the activity worksheet, which includes real-life case studies.  <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/msterribletext1.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/msterribletext1.pdf</a></p> <p>Print and discuss <i>Cyberbullying: Tips for Taking Action</i>:  <a href="http://www.kahoks.org/safeweb/2007-Forms/Cyberbullying--Tips%20for%20Taking%20Action.pdf">http://www.kahoks.org/safeweb/2007-Forms/Cyberbullying--Tips%20for%20Taking%20Action.pdf</a></p> <p>Watch the NetSmartz video: <i>Cyberbullying: Feathers in the Wind</i>:  <a href="http://www.netsmartz.org/resources/reallife.htm#realcanttake">http://www.netsmartz.org/resources/reallife.htm#realcanttake</a></p>	<p>Use the i-Safe <i>Cyber Harassment: Bullying and Stalking Online</i> lesson plan and webcast (requires i-Safe certification and a school implementation plan):  <a href="http://www.isafe.org">http://www.isafe.org</a></p>

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			<p>Watch the NetSmartz video:  <b>Cyberbullying: You Can't Take it Back:</b>  <a href="http://www.netsmartz.org/resources/reallife.htm#realcanttake">http://www.netsmartz.org/resources/reallife.htm#realcanttake</a>;                      download the activity plan for this video:  <a href="http://www.netsmartz.org/pdf/mscanttake1.pdf">http://www.netsmartz.org/pdf/mscanttake1.pdf</a></p> <p>Watch the NetSmartz video:  <b>Cyberbullying: Broken Friendship:</b>  <a href="http://www.netsmartz.org/resources/reallife.htm#realcanttake">http://www.netsmartz.org/resources/reallife.htm#realcanttake</a>;                      download the activity plan for this video:  <a href="http://www.netsmartz.org/pdf/msbroken1.pdf">http://www.netsmartz.org/pdf/msbroken1.pdf</a></p>	
<p><b>6.</b>                      Reporting illegal online activities and communications.</p>	<p>Download the third lesson (<b>Tell a Trusted Adult</b>) plan for <i>Know the Rules</i> video:  <a href="http://ncmec.vo.llnwd.net/o15/downloads/print/k2tellno.pdf">http://ncmec.vo.llnwd.net/o15/downloads/print/k2tellno.pdf</a></p>		<p>Download the <b>Can You Hack It?</b> Lesson plan and activity worksheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_10.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_10.asp</a></p> <p>Visit and discuss CyberTipHotLine:  <a href="http://www.cybertipline.com/">http://www.cybertipline.com/</a></p>	<p>Visit and discuss CyberTipHotLine:  <a href="http://www.cybertipline.com/">http://www.cybertipline.com/</a> and The Internet Crime Complaint Center: <a href="http://www.ic3.gov/">http://www.ic3.gov/</a></p> <p>Use the i-Safe <b>Cyber Security: Malicious Code</b> lesson plan and webcast (requires i-Safe certification and a school implementation plan):  <a href="http://www.isafe.org">http://www.isafe.org</a></p>

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<p><b>7.</b> Understanding copyright laws on written materials, photographs, music and video.</p>	<p>Download the <i>Is This Yours?</i> lesson plan and coloring sheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/k1_02.asp">http://www.cybersmartcurriculum.org/lesson_plans/k1_02.asp</a></p>	<p>Download the <i>Whose Property is This?</i> lesson plan and worksheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/23_02.asp">http://www.cybersmartcurriculum.org/lesson_plans/23_02.asp</a></p>	<p>Download the <i>Consider Copying</i> lesson plan and activity worksheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_09.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_09.asp</a></p> <p>Download the <i>How to Cite a Site</i> lesson plan and activity worksheet:  <a href="http://www.cybersmartcurriculum.org/lesson_plans/68_19.asp">http://www.cybersmartcurriculum.org/lesson_plans/68_19.asp</a></p>	<p>Have students take the <b>Copyright Self-Quiz</b> from the University of Colorado and discuss as a class:  <a href="http://www.colorado.edu/copyright/filessharing/quiz.html">http://www.colorado.edu/copyright/filessharing/quiz.html</a></p> <p>Here are two additional online quiz resources: (1) <b>The Copyright Challenge</b>:  <a href="http://www.copyrightkids.org/quizframes.htm">http://www.copyrightkids.org/quizframes.htm</a> and (2) <b>CopyRight - CopyWrong Quiz</b>:  <a href="http://www.csus.edu/indiv/p/peace/hj/edte230/copyright/quiz.htm">http://www.csus.edu/indiv/p/peace/hj/edte230/copyright/quiz.htm</a></p> <p>Use the i-Safe <i>Intellectual Property</i> lesson plan and webcast (requires i-Safe certification and a school implementation plan):  <a href="http://www.isafe.org">http://www.isafe.org</a></p> <p>Discuss the rules of online file sharing (including music):  <a href="http://www.staysafe.org/teens/protect_yourself/be_smart_online/file_sharing.html">http://www.staysafe.org/teens/protect_yourself/be_smart_online/file_sharing.html</a></p>